

South Central Connecticut Regional Water Authority
Via Remote Access**

AGENDA

Special Meeting of Friday, December 8, 2023 8:30 a.m.

- A. Safety Moment
- B. Public Comment: Statements limited to the legislative function of the Authority. The time limit granted to each speaker shall be three (3) minutes. Residents may address the Board.
- C. Discussion and possible action regarding PFAS 3M class action settlement - *Upon 2/3 vote, convene in a possible executive session pursuant to C.G.S. Section 1-200(6)(B) to discuss matters pertaining to pending litigation.*

** Members of the public may attend the meeting via conference call but will be asked to leave during executive session. For information on attending the meeting please visit <https://tinyurl.com/ysu5fy3e>. For questions, contact the board office at jslubowski@rwater.com or call 203-401-2515.

South Central Connecticut Regional Water Authority

Via Remote Access

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Remote meeting instructions:

Call in (*audio only*)

[+1 469-965-2517,,869982115#](tel:+14699652517869982115) United States, Dallas

Phone Conference ID: 869 982 115#

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SAFETY MOMENT

Tap Into
Safety



Regional Water Authority

Looking ahead to holiday gatherings, events, and activities may fill you with anticipation and excitement, along with a little angst. You may feel that build-up of anxiety as the holidays approach. Here are some coping strategies to help bolster your mental health during the holidays.

6 Easy Tips for Reducing Holiday Stress

1. When you wake up in the morning, stop and take a moment to say good morning to your day.
2. If you are in a relationship, take a few minutes to really look at and appreciate your significant other.
3. If you are deployed with your unit, pause to think about how your buddies support and help one another to get through a rough day.
4. Take a moment to be grateful. Before you eat lunch, reflect for a moment and think about something that keeps you going everyday.
5. At dinner, spend a moment thinking about your loved ones. Have you told them lately something you appreciate about them?
6. Finally, before you go to sleep, acknowledge something about yourself you're proud of.



Safety is a core company value at the Regional Water Authority .
It is our goal to reduce workplace injuries to zero.

 Regional Water Authority