

**Representative Policy Board  
Finance Committee  
South Central Connecticut Regional Water District  
Via Remote Access\*\***

**AGENDA**

**Regular Meeting of Monday, August 10, 2020 at 5:00 p.m.**

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1. Safety Moment
2. Approval of Minutes – July 13 , 2020 meeting
3. Input for Ten Year Model Scenarios
4. New Business
5. Adjourn

**Note:** As a reminder, the next meeting of the Finance Committee will be held on Monday, September 14, 2020 at 5:00 p.m. (regular meeting).

**\*\***In accordance with the Governor Lamont's, Executive Order No. 7B for the Protection of Public Health and Safety during COVID-19 Pandemic and Response, the public hearing will be held remotely under the requirements of Paragraph 1 of Executive Order No. 7B - Suspension of In-Person Open Meeting Requirements. Members of the public may attend the meeting via conference call, videoconference or other technology. For information on attending the meeting via remote access, and to view meeting documents, please visit <https://www.rwater.com/about-us/our-boards/board-meetings-minutes?year=2020&category=1435&meettype=&page=>. For questions, contact the board office at [jslubowski@rwater.com](mailto:jslubowski@rwater.com) or call 203-401-2515.

**Topic: RPB Finance Committee Meeting**

Time: Aug 10, 2020 05:00 PM Eastern Time (US and Canada)

Join Meeting *(via conference call)*

Dial by your location

+1 312 626 6799 US (Chicago)

+1 646 876 9923 US (New York)

+1 301 715 8592 US (Germantown)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 408 638 0968 US (San Jose)

+1 669 900 6833 US (San Jose)

Meeting ID: 897 5337 3980

Passcode: 050105

Find your local number: <https://us02web.zoom.us/j/keAVIk0v1L>

# SAFETY MOMENT

## AUGUST – HEAT ILLNESS PREVENTION

As the summer progresses, the possibility of heat related illness increases. Below are signs and symptoms of heat related illnesses, and methods to prevent them.

**Heat Cramps** are painful muscle spasms caused by sweating while performing strenuous physical labor in a hot environment. To prevent heat cramps eat regular light meals and stay hydrated.

**Heat Exhaustion** is the body's response to an extensive loss of water and salt, usually through excessive sweating. Symptoms include: extreme weakness and fatigue, dizziness, confusion, nausea, clammy moist skin, pale or flushed complexion, elevated body temperature, and fast and shallow breathing. To prevent heat exhaustion rest in a cool, shaded or air-conditioned area, cool down with wet towels or water spray and drink plenty of water or other cool, non-alcoholic beverage.

**Heat Stroke** is the most serious heat-related disorder. It occurs when the body becomes unable to control its temperature. When heat stroke occurs, the body temperature can rise to 106 degrees or higher within 10 to 15 minutes. Symptoms include: hot, dry skin, hallucinations, chills, headache, high body temperature, confusion and slurred speech. To prevent heat stroke move to a cool shaded area, soak clothes with cold water, use fans, use ice packs or ice under the arms, offer water if the person is conscious.

Tap Into  
Safety



Regional Water Authority



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 Regional Water Authority