South Central Connecticut Regional Water Authority

Via Remote Access**

AGENDA

Special Meeting of Thursday, March 30, 2023 at 8:30 a.m.

- A. Safety Moment
- B. Review and discuss proposed capital and operating budgets for Fiscal Year 2024 (June 1, 2023 May 31, 2024) *Upon 2/3 vote, convene in executive session pursuant to C.G.S. Section 1-200(6)(E) to discuss matters covered by Section 1-210 subsection b #'s 5 B, pertaining to commercial and financial information:* R. Kowalski
- C. Consider and act on distribution of proposed capital and operating budgets for Fiscal Year 2024 to members of the Representative Policy Board

** Members of the public may attend the meeting via conference call. For information on attending the meeting and to view meeting documents, please visit https://tinyurl.com/ysu5fy3e. For questions, contact the board office at jslubowski@rwater.com or call 203-401-2515.

SOUTH CENTRAL CONNECTICUT REGIONAL WATER AUTHORITY

MARCH 30, 2023 AT 8:30 A.M.

SPECIAL MEETING

Remote Meeting Instructions:

Call in (audio only)

<u>+1 469-965-2517,,109439666#</u> United States, Dallas

Phone Conference ID: 109 439 666#

For questions, contact the board office at 203-401-2515 or by email at islubowski@rwater.com

SAFETY MOMENT

MARCH - NATIONAL NUTRITION MONTH

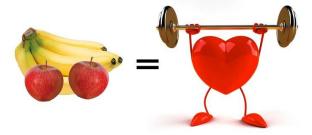
GO FURTHER WITH GOOD FOOD

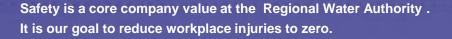
Whether it's starting the day off right with a healthy breakfast or fueling before an athletic event, the foods you choose can make a real difference. Preparing your foods to go further, by planning meals and snacks in advance, can also help to reduce food loss and waste.

- 1. Include a variety of healthful foods from all of the food groups on a regular basis.
- Consider the foods you have on hand before buying more at the store.
- 3. Buy only the amount that can be eaten or frozen within a few days and plan ways to use leftovers later in the week.
- 4. Be mindful of portion sizes. Eat and drink the amount that's right for you.
- 5. Continue to use good food safety practices.
- 6. Find activities that you enjoy and be physically active most days of the week.
- 7. Realize the benefits of healthy eating by consulting with a registered dietitian nutritionist. RDNs can provide sound, easy-to-follow personalized nutrition to meet your lifestyle, preferences and health-related needs.

Service – Teamwork – Accountability – Respect – Safety









SOUTH CENTRAL CONNECTICUT REGIONAL WATER AUTHORITY

MARCH 30, 2023

PROPOSED RESOLUTION

RESOLVED that copies of the proposed Capital Budget and Operating Budget for Fiscal Year 2024 beginning on June 1, 2023 and ending on May 31, 2024, be distributed to members of the Representative Policy Board and the Office of Consumer Affairs.